

## What is the Aging Clinic of the Rockies?

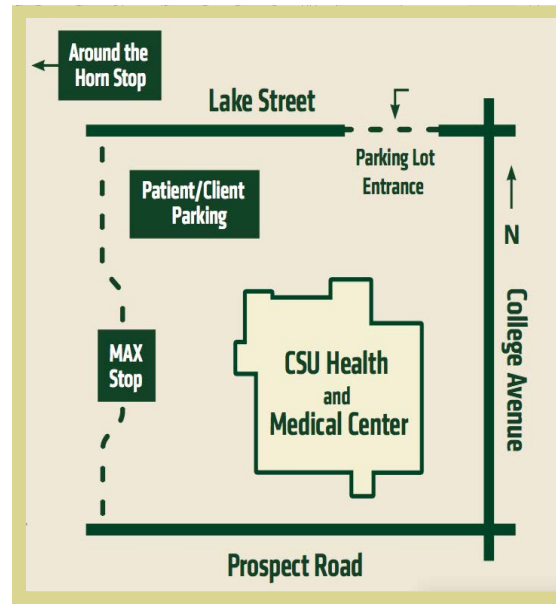
The Aging Clinic of the Rockies is a non-profit clinic that offers counseling and neuropsychological assessment services to community members on an affordable sliding fee scale. The clinic is associated with the Counseling Psychology Ph.D. training program at Colorado State University.

Our mission is to improve the quality of life for older adults and their loved ones, through promotion of dignity and overall well-being and the use of ongoing assessment and therapeutic intervention.

**For appointments or more information, call the Aging Clinic of the Rockies at (970) 491-6795.**

More information is available on our website:

<http://psychology.colostate.edu/acor/>



### Aging Clinic of the Rockies

Columbine Health Systems Center for Healthy Aging  
151 W. Lake Street, Suite 1400  
8021 Campus Delivery  
Fort Collins, CO 80524-8021

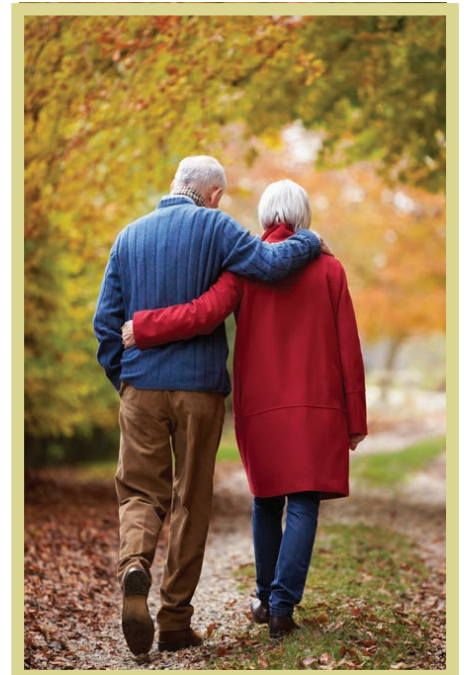
Directions to the Aging Clinic of the Rockies at CSU  
Heading North on College Ave:  
From College turn LEFT onto Lake Street  
There is free parking to the left of Lake Street &  
Pay for Parking in the parking garage to the right (\$1.75/hr)



Phone: (970) 491-6795

Fax: (970) 797-1921

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## NEUROPSYCHOLOGICAL EVALUATION



Offering individualized assessments  
and treatment planning

**Colorado State University**

COLLEGE OF NATURAL SCIENCES

Department of Psychology

## Neuropsychological Assessments

Many older adults experience changes in memory or cognitive functioning as part of the normal aging process. However, some changes in functioning may be indicative of more serious problems. Neuropsychological assessments are an ideal method to evaluate cognitive strengths and weaknesses, in order to gain diagnostic clarity and assist in developing an individualized treatment plan.



### What is a neuropsychological assessment?

A neuropsychological assessment evaluates an individual's functioning across a variety of different domains including cognitive, memory, language, motor, executive, emotional, and adaptive functioning.

### Who would benefit from a neuropsychological assessment?

If you or a loved one are experiencing cognitive or memory difficulties, a neuropsychological assessment may be helpful. These assessments help to evaluate if there is a problem, the extent of the problem, potential causes of the problem, and to inform individualized treatment recommendations based on results. Individuals who have experienced a recent medical problem (e.g., stroke, head injury) may also benefit from evaluating the potential cognitive impact of this event. Additionally, individuals who are not currently experiencing memory difficulties can benefit from using an evaluation as a baseline to monitor changes in functioning throughout the aging process.

### What is the process like?

The assessment process typically includes an initial interview with the client and other loved ones (as appropriate), a review of previous medical and pertinent records, and administration of a battery of neuropsychological tests. After completing the interviews and test battery, the clinician will generate a detailed assessment report that is reviewed with the client during a feedback session. The client can then share the professional report with doctors and other professionals, as appropriate, in order to aid in diagnostic clarity and ongoing treatment planning.

Both Comprehensive and Brief assessments are available, varying by cost, duration of testing, and depth of assessment. Feel free to call (970) 491-6795 for more information about which type might be best for you!



### Who administers the assessments?

Assessments are administered by a trained technician, under the supervision of a licensed psychologist in the state of Colorado.

### How much does an assessment cost?

The Aging Clinic of the Rockies is a non-profit clinic that offers counseling and assessment services to community members on an affordable sliding fee scale. The typical neuropsychological brief assessment costs between \$250-\$500 and includes a 50 minute intake, 1-2 hours of testing and a 50 minute debrief with the client and their support network. A more comprehensive neuropsychological assessment is available for \$500-\$1000 and includes a 50-90 minutes intake, 2-4 hours of testing and a 50-90 minute debrief session. Both brief and comprehensive assessments include a full assessment report with recommendations and referrals, when needed.