

PSYCHOLOGY

STUDENT NEWSLETTER—JAN.-FEB. 2020 EDITION

Happy New Year!

Welcome back to campus! We hope all of you had a peaceful Winter Break and are excited to get back to campus and start the new semester!



Add/Drop Reminder:

- Remember to register for all your Spring 2020 courses no later than Sunday, January 26th (the Sunday after classes begin). After that date, an override will be needed by the instructor, which could be difficult to obtain! Please have your classes set before the semester begins to avoid any unnecessary registration challenges.

Important Dates

- January 20 - University Holiday (all offices closed)
- January 21 - First Day of Classes; late registration fee begins
- January 27 - Spring 2020 PSY Graduation Orientation
- February 5 - Last day to Add/Drop most classes



Internships 101: How to Gain Experience AND Credit!

It's never too early or too late to start the process of securing an internship. Internships are not only a great way to "try on" a future job or career you may be considering, but also a way to gain valuable skills and begin to create a professional "network" for yourself.

Check out the PSY internship website (<https://psywebserv.psych.colostate.edu/psylist/internships.php>) for ideas on how to start your own internship process. Start your search for summer internships (<http://www.pathwaystoscience.org/Undergrads.asp>) today!

Feel free to set up an advising appointment if you have questions about the process or need additional assistance.

Help us we our newest Academic Success Coordinator, Rosa Batko!



Hello, my name is Rosa Batko and I am excited to be an Academic Success Coordinator in the PSY Department! As a first-generation student, I am a proud CSU Alumna! I graduated with my bachelor's and master's degree from the School of Social Work. Most of my work experience comes from working in the non-profit sector as a social worker/case manager in the Fort Collins community. I've worked with a variety of demographics and in various settings. I've also gained work experience working with seniors living in an assisted living facility, with the homeless population (men, women, veterans, families etc.) in a homeless shelter, with youth at a local high school, and families struggling to achieve stability and self-sufficiency. Most recently, I worked providing case management and academic advising for non-degree seeking international students at the INTO department here at CSU.

While I am new to the world of academic advising, I look forward to learning how I can best support students to gain independence and confidence throughout their educational journey. I look forward to connecting with students and being a part of their journey, whether it's planning for graduation, to study abroad (I studied a semester in Rome, Italy), discovering a career path or getting connected to resources on and off campus. Our Psychology Department is a great resource to connect with during your educational career. I look forward to connecting with you throughout the semester!

PSYCH DROP-IN HOURS Spring 2020

For quick questions, limited to 10 minutes or less.

Mondays: 9:00 am—11:00 am
Tuesday: 11:00 am—1:00 pm
Wednesdays: 2:00 pm—4:00 pm
Thursdays: 9:00 am—11:00 am

If you think you'll need a longer appointment, please call (970) 491-3799 to schedule a 30 minute appointment or go to <https://csurams.campus.eab.com> for an appointment.

Reminders when emailing your PSYCH Advisor:

- Include your student ID
- The PSY Advisors :
 - Cassidy McLaren**
(Cassidy.Mclaren@colostate.edu)
 - Samantha (Sam) Sickbert**
(Samantha.Sickbert@colostate.edu)
 - Kelli Gupton**
(Kelli.Gupton@colostate.edu)
 - Tracy Richards**
(Tracy.Richards@colostate.edu)
 - Rosa Batko**
(Rosa.Batko@colostate.edu)

Off-Campus Life Housing Fair

The Housing Fair provides an opportunity for one-stop shopping for a place to live in Fort Collins.

WHEN: February 5, 2020 from 9:00 AM – 4:00 PM, in the Grand Ballroom of the Lory Student Center.

For more information visit:
<http://ocl.colostate.edu/housing-fair>

ADDITIONAL RESOURCES

- ◆ **ATTENTION ALL SENIORS!** Please plan to attend the PSY Graduation Orientation **Monday, January 27th at 3:00 p.m. in Alumni Center, seminar room 2** to complete your graduation contract and get important information on Spring 2020 graduation.
- ◆ **Spring Career Fair:** Thursday, February 12 & 13 from 10:30 am— 3:30pm, Lory Student Center Ballrooms. For more information about the Career Fair, check here , <http://www.career.colostate.edu/>
- ◆ **Get the latest info on research, registration, and advising by "liking" us on Facebook at:** Psychology Advising at Colorado State University and by "following" us on Twitter at: @PsyCSUAdvising to get weekly information and tips on important dates and events, as well as other important information and updates.

Please contact Kelli Gupton at kelli.gupton@colostate.edu if you have any information you'd like to submit to an upcoming Undergraduate Psychology Newsletter

CSU, College of Natural Sciences, & Department Scholarship Applications

CSU Scholarships

Every year Colorado State University awards millions of dollars in scholarships! Applying is easier than you think and you can start TODAY.

The Colorado State University Scholarship Application (CSUSA) is an online scholarship application for many of the scholarships at CSU. Scholarships are gift aid and do not have to be repaid. The CSUSA includes both merit-based and financial need-based scholarships. To be considered for need-based scholarships through the CSUSA, your Free Application for Federal Student Aid (FAFSA) must be submitted no later than February 15. A FAFSA is not required to be considered for merit-based scholarships. Scholarships could also be awarded based on other factors including field of study, talent, hobbies, and career goals. All class levels (entering freshman, undergraduates, transfer, 2nd bachelor's, graduate and Professional Veterinary Medicine) are eligible to receive scholarships. If you plan to be enrolled in one or both semesters next year, please apply!

Steps to Complete the CSUSA

1. Log onto RAMweb.colostate.edu with your CSU eID (eName and password).
2. Select the CSU Scholarship Application link under the Financial Information heading (available on RAMweb from October 1 to March 1 at 11:00 p.m. MST). You can modify your application up until the March 1 deadline.
3. Complete and submit the General Application.
4. Complete and submit Supplemental Application(s) if required. See below for more information on CNS/Psychology Department Requirements.
5. Review your Recommended opportunities (at the top of the CSU Scholarship Application, hover over 'Opportunities' and then click, 'Recommended'). Some scholarships may ask additional questions specific to that scholarship. Click the 'Apply' button to answer any remaining questions.

*Scholarships are awarded based on many factors including merit, financial need, field of study, and talent. They are awarded by institutions, governments, private individuals, foundations and community organizations.

*For more information about the CSUSA, please read the **CSUSA Frequently Asked Questions** (Links to an external site.). The Office of Financial Aid is also available to answer any scholarship related questions.

College and Department Scholarships

The Psychology Department awards undergraduate scholarships to our majors on an annual basis. Each scholarship has its own set of criteria that are used by the scholarship committee to determine award recipients.

Completed scholarship applications are due on March 1, 2020 by 11 p.m.

Steps to Complete the CNS and Psychology Scholarship Application

1. Access CSU Scholarship Application (CSUSA) on RamWeb
2. Complete supplemental material for the College of Natural Science (CNS) as part of the CSUSA to be considered for college and department scholarships. If you have plans to work in suicide prevention and/or addictions counseling, please be sure to also answer these questions in the CNS supplemental question section to be considered for scholarships with these requirements. More information is provided at www.natsci.colostate.edu/scholarships/application-process.
3. One letter of recommendation is required for CNS/department scholarships. It is strongly recommended that the letter of recommendation be from your professors, preferably from professors in CNS. More information is provided at www.natsci.colostate.edu/scholarships/application-process.
4. Complete FAFSA for scholarships that require a demonstration of financial need.

Note: To be eligible for Psychology Department scholarship, your primary major must be in PSY. To be eligible for CNS scholarships, your primary major must be in CNS.